

## **Lyme Disease PSA #1 (:30)**

Spring and summer are prime time for ticks that can spread Lyme disease and other infections. The Centers for Disease Control and Prevention would like to remind you to wear bug repellent when outdoors, shower as soon as possible after coming indoors, and check your whole body for ticks--every day. If you've been bitten by a tick and develop fever, rash, or fatigue, seek medical care.

To learn more, visit [www.cdc.gov/lyme](http://www.cdc.gov/lyme).